

## October 18 Community Session Overview

Grounded in community voices, the October 18 Envision Health convening in Richmond opened with passionate, inspiring and diverse voices from around the county sharing their personal perspectives on what they need to live full and happy lives. Those stories grounded the work of over 100 community members, organizations, leaders, elected officials and Contra Costa Health Services staff as they gathered for the day-long planning session about the future of health in the county.



Building off these community stories, the Envision Health team shared similar responses collected from people throughout the county, including Contra Costa Health Services staff, in the previous months. Hundreds of responses to a “listening tool” provided a stronger understanding of Contra Costa’s diverse perspectives and helped identify important themes and priorities that included the need for family and friends, good health, spirituality and faith, financial security, job security, housing and access to health care.

Additionally, Contra Costa Health Services shared the considerable work that was done following the first meeting in April to better understand the current system, the purpose of Health Services, a shared understanding and definition of health and what authentic community engagement looks like. Collectively taken on by staff and community partners, this foundational work will provide a framework for the larger Envision Health planning.



Rounding out the day was an exploration of trends that will impact health and wellness in the future. By examining these trends and forecasting their impact 10, 15 and even 30 years into the future, the group was able to identify strengths and weaknesses, which will further inform the Envision Health planning process. The information gathered from this session, along with input from the Listening Tool, will be analyzed over the next month to aid in the development of the next Envision Health session on November 18 at the Pleasant Hill Community Center. Stay up to date on emerging Envision Health actions and share your thoughts by visiting [www.ccEnvisionHealth.org](http://www.ccEnvisionHealth.org).